November 2026

Assisted Living Neighborhood
Life Enrichment Activities Calendar

AlmaVia OF CAMARILLO

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Daily Word w. Rev. Michelle 10:00 Simply Stretch w. Kristine 10:30 Bible Study w. Rev. Michelle 11:00 Create a Story Together 1:00 Guess the Animal Trivia 1:00 Inspirational Series w. Rev. Michele 3:00 Penny Pincher Game 6:15 Evening Movie Daylight Savings Time Ends	**2** **8:30 Bone Builders** 9:30 Daily Word w. Rev Michelle **10:00 TheraBands w. Robin** 10:45 Scrabble Teams 1:00 Knitting Class 2:00 Gratitude Group 3:30 Puzzles & Current Events 6:15 Evening Movie	**3** 9:30 Daily Word w. Rev Michelle **10:15 Exercise w. Marg** **10:45 Catholic Communion** 11:00 Ideas Over Breakfast 1:00 Wii Bowling Club 2:00 Exploring Spirituality **2:30 Pumpkin Delights Social** 4:00 Drumming for Fitness 6:15 Evening Movie Election Day	**4** 9:30 Daily Word w. Rev Michelle 10:00 Morning Mobility 11:00 Coffee Tasting 1:00 AlmaVia Bracelet Workshop! 2:00 Souls in Prayer w. Rev. Michelle **3:00 Cider and Chat** 4:00 Movie Committee Meeting 6:15 Evening Movie	**5** **8:30 Bone Builders** 9:30 Daily Word w. Rev. Michelle **10:15 Exercise to the Music w. Marg** 11:00 Meditation Rev. Michelle **12:00 AlmaVia Farmers Market** 2:00 Biblical Faith w. Tom 2:00 What's Your Story Gathering 3:00 Music by Request Listening Party 6:15 Evening Movie	**6** 10:00 Strength and Stability 10:45 AlmaVia Bracelet Workshop 1:00 Wii Bowling Club 2:00 Creative Writing 2:30 Mingle Before the Music **3:00 Live Music w. Askay** 4:00 Rummikub 6:15 Evening Movie	**7** 10:00 Virtual Strength & Stability **10:30 Outing: Camarillo Outing** 1:00 Wii Bowling 2:00 Art For Wellness Workshop 3:00 Saturday Cinema 6:15 Evening Movie
8 9:30 Daily Word w. Rev. Michelle 10:00 Simply Stretch w. Kristine 10:30 Bible Study w. Rev. Michelle 11:00 Create a Story Together 1:00 Sunday Art Studio 1:00 Inspirational Series w. Rev. Michele 3:00 Knitting Class 5:00 Residents Choice! "Sunday Night Football" 6:15 Evening Movie	**9** **8:30 Bone Builders** 9:30 Daily Word w. Rev Michelle **10:00 TheraBands w. Robin** 11:00 Scrabble Teams **1:00 Love on a Leash** 2:00 Gratitude Group 3:30 Puzzles & Current Events 6:15 Evening Movie	**10** 9:30 Daily Word w. Rev Michelle **10:15 Exercise w. Marg** **10:45 Catholic Communion** 11:00 Culinary Club 11:00 Library Lady 1:00 Wii Bowling Club 2:00 Exploring Spirituality 3:00 Writers Circle 4:00 Drumming for Fitness 6:15 Evening Movie	**11** 9:30 Daily Word w. Rev Michelle 10:00 Morning Mobility Exercise **10:45 Resident Voices Meeting** 11:00 Garden Club **1:00 Painting w. Elaine** 2:00 Souls in Prayer w. Rev. Michelle **3:00 Veterans Appreciation Social** 4:00 Movie Committee Meeting 6:15 Evening Movie Veterans Day	**12** **8:30 Bone Builders** 9:30 Daily Word w. Rev. Michelle **10:15 Exercise to the Music w. Marg** 11:00 Meditation Rev. Michelle 2:00 Biblical Faith w. Tom **3:00 Autumn Afternoon Tea** 6:15 Evening Movie	**13** 10:00 Strength and Stability 10:45 AlmaVia Bracelet Workshop 1:00 Wii Bowling Club 2:00 Creative Writing **2:30 Harvest Bites Social Hour!** **3:00 Live Entertainment w. Scott** 4:00 Rummikub 6:15 Evening Movie	**14** 10:15 Strength and Balance **11:00 Autumn Floral Bar & Mimosas** 1:00 Wii Bowling Club 2:00 Art for Wellness Workshop 3:00 Saturday Cinema 4:00 Apple Cider and Games 6:15 Evening Movie
15 9:30 Daily Word w. Rev. Michelle 10:00 Simply Stretch w. Kristine 10:30 Bible Study w. Rev. Michelle 11:00 Create a Story Together 1:00 Sunday Art Studio 1:00 Inspirational Series w. Rev. Michele 3:00 BINGO 5:00 Residents Choice! "Sunday Night Football" 6:15 Evening Movie	**16** **8:30 Bone Builders** 9:30 Daily Word w. Rev Michelle **10:00 TheraBands w. Robin** 10:45 Scrabble Teams 1:30 Trivia 2:00 Gratitude Group 2:00 Knitting Class 3:30 Puzzles & Current Events 6:15 Evening Movie	**17** 9:30 Daily Word w. Rev Michelle **10:00 Donut and Coffee Bar** **10:15 Exercise w. Marg** **10:45 Catholic Communion** **11:00 Outing: C.A.T.** 1:00 Wii Bowling Club 2:00 Exploring Spirituality 3:00 Writers Circle 4:00 Drumming for Fitness 6:15 Evening Movie	**18** **9:00 Men's Breakfast** 9:30 Daily Word w. Rev Michelle 10:00 Morning Mobility Exercise 10:00 Catholic Communion w. Deacon Luc **10:30 Resident Voices Meeting** 11:00 Garden Club 1:00 AlmaVia Bracelet Workshop! 2:00 Souls in Prayer w. Rev. Michelle **3:00 Fall Cider and Cheese Pairing** **4:00 Movie Committee Meeting** 6:15 Evening Movie	**19** **8:30 Bone Builders** 9:30 Daily Word w. Rev Michelle **10:15 Exercise to the Music w. Marg** 11:00 Meditation Rev. Michelle **11:00 Acoustic Hearing** 1:00 Scrabble Teams 2:00 Biblical Faith w. Tom **3:30 Life Changes w. Dr. Paul** 6:15 Evening Movie	**20** 10:00 Strength and Stability 10:45 AlmaVia Bracelet Workshop 1:00 Wii Bowling Club 2:00 Creative Writing 2:30 Mingle Before the Music **3:00 Live Entertainment w. Bob Ryeman** 4:00 Rummikub 6:15 Evening Movie	**21** 10:15 Strength and Balance 11:00 Fall Crafting 1:00 Wii Bowling Club 2:00 Art for Wellness Workshop 3:00 Saturday Cinema 4:00 Apple Cider and Games 6:15 Evening Movie
22 9:30 Daily Word w. Rev. Michelle 10:00 Simply Stretch w. Kristine 10:30 Bible Study w. Rev. Michelle **11:00 Thanksgiving Brunch** 1:00 Sunday Art Studio 1:00 Inspirational Series w. Rev. Michele 3:00 Knitting Class 5:00 Residents Choice! "Sunday Night Football" 6:15 Evening Movie	**23** **8:30 Bone Builders** 9:30 Daily Word w. Rev Michelle **10:00 TheraBands w. Robin** 10:45 Scrabble Teams **1:00 Holiday Support Group** 2:00 Gratitude Group 4:00 Puzzles & Current Events 6:15 Evening Movie	**24** 9:30 Daily Word w. Rev Michelle **10:15 Exercise w. Marg** 10:45 Catholic Communion 11:00 Culinary Club 11:00 Library Lady 11:00 Library Lady 1:00 Wii Bowling Club 2:00 Exploring Spirituality 3:00 Writers Circle 4:00 Drumming for Fitness 6:15 Evening Movie	**25** 9:30 Daily Word w. Rev Michelle 10:00 Morning Mobility Exercise 11:00 Garden Club 1:00 Art Studio **2:00 Food Committee Meeting w. Sal** 2:00 Souls in Prayer w. Rev. Michelle **3:00 November Birthday Social** **4:00 Movie Committee Meeting** 6:15 Evening Movie "Musical"	**26** **8:30 Bone Builders** 9:30 Daily Word w. Rev. Michelle 10:15 Exercise to the Music 11:00 Meditation Rev. Michelle 1:00 Apple Cider and Games **2:00 Community Town Hall** **3:00 A Cozy Thanksgiving Movie** 4:00 Rummikub 6:15 Evening Movie Thanksgiving	**27** 10:00 Strength and Stability 10:45 AlmaVia Bracelet Workshop 1:00 Wii Bowling Club 2:00 Creative Writing **2:30 Friendsgiving Holiday Gathering** **3:00 Live Entertainment w. Jim Rice** 4:00 Rummikub 6:15 Evening Movie	**28** 10:00 Virtual Strength & Stability **10:30 Outing: Camarillo Farmers Market** 1:00 Wii Bowling Club 2:00 Art For Wellness Workshop 3:00 Saturday Cinema 4:00 Apple Cider and Games 6:15 Evening Movie
29 9:30 Daily Word w. Rev. Michelle 10:00 Simply Stretch w. Kristine 10:30 Bible Study w. Rev. Michelle 11:00 Create a Story Together 1:00 Sunday Art Studio 1:00 Inspirational Series w. Rev. Michele 3:00 BINGO 5:00 Residents Choice! "Sunday Night Football" 6:15 Evening Movie	**30** **8:30 Bone Builders** 9:30 Daily Word w. Rev Michelle **10:00 TheraBands w. Robin** 10:45 Scrabble Teams 1:30 Trivia 2:00 Gratitude Group 2:30 Knitting Class 3:30 Puzzles & Current Events 6:15 Evening Movie					





Intellectual **Purposeful** **Emotional** **Environmental** **Social** **Physical** **Spiritual** **Creative**

RCFE Lic #: 565800682

Activities are subject to change. Please refer to your Daily Schedule for the most up-to-date information regarding activities and times.

November 2026

Gardens Memory Care Neighborhood
Life Enrichment Activities Calendar

AlmaVia OF CAMARILLO

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 Meet & Greet 9:45 Exercise w. Andrea **10:30 Morning Refreshments** **11:30** Daily Word w. Michele 1:30 Gentle Stretching **2:00 Sunday Football Gathering** **3:00** Bible Study w. Rev Michelle **3:30 Scenic Drive "Candy Shop "** 4:00 Connecting with Nature 4:30 Evening Wine Down 6:00 Evening Movie	**2** 9:15 Meet & Greet 9:45 Stretch & Strengthen **10:00 All Souls Day Celebration** 11:00 Daily Word w. Rev Michele 1:30 Serenity Spa "Acts of Kindness" 2:00 Cozy Fall Coloring 2:30 Refreshments in the Garden 3:00 Wheelchair Yoga w. Rev Michelle 4:00 Party Planning Committee 4:30 Balloon Toss 6:00 Evening Movie	**3** 9:15 Meet & Greet 9:45 Chair Boxing w. Andrea **10:30 Morning Refreshments** 11:00 Daily Word/ Hymns w. Rev Michele 11:30 Catholic Communion 1:30 Afternoon Yoga 2:00 Japanese Culture Trivia **3:00 Banana Treats Social** 4:00 Fall Bingo 4:30 Parachute Circle 6:00 Evening Movie	**4** 9:15 Meet & Greet 9:45 Morning Movement w. Andrea **10:30 Morning Refreshments** 11:00 Daily Word w. Rev. Michelle 11:30 Toss It In **1:30 Serenity Relaxation** 2:00 Gratitude Tree Project 2:30 Refreshments in the Garden 3:00 Songs & Hymns w. Michelle **3:30 Scenic Drive "Ventura Trail"** 4:00 General Knowledge Trivia 4:30 Wine Down Wednesday 6:00 Evening Movie	**5** 9:15 Meet & Greet 9:45 Let's Get Moving w. Andrea **10:30 Today's Happenings** **11:00 Outing: Good Morning Cafe** 1:30 Feel Good Stories 2:00 Fall Coloring Club **2:30 Garden Gathering Snack & Chat** 3:00 Spiritual Gathering w. Rev. Michelle 4:30 Hula Hoop Balloon Toss! 6:00 Evening Movie	**6** 9:15 Meet & Greet 9:45 Upper Body Strength **10:30 Morning Refreshments** 11:00 Seasonal Craft 11:30 Name That Tune! 1:30 Story Telling: Giving Advice 2:00 What's in The Box? **2:30** Sip, Snack & Socialize **3:00 Live Entertainment** 4:00 Helping Hands Crew 6:00 Evening Movie	**7** 9:15 Meet & Greet 9:45 Chair Exercise **10:30 Morning Refreshments** 11:00 Card Making: Thanksgiving Invitations **11:30 Music Committee Meeting** 1:30 Finish the Lyric **2:00 Documentary "Bisons"** 2:30 Sip, Snack & Socialize 3:30 The More You Know 4:30 Gratitude Circle 6:00 Evening Movie
8 9:15 Meet & Greet 9:45 Exercise w. Andrea **10:30 Morning Refreshments** 11:30 Daily Word w. Michelle 1:30 Word Association 2:00 Sunday Football Gathering 3:00 Bible Study w. Rev Michelle **3:30 Scenic Drive "Camarillo Agriculture "** 4:00 Connecting with Nature 4:30 Noodle Ball 6:00 Evening Movie	**9** 9:15 Meet & Greet 9:45 Stretch & Strengthen **10:00 Farmers Market in the Gardens** **10:30 Morning Refreshments** 11:00 Daily Word w. Rev Michele **1:30 Paws and Treats w. Love on a Leash** 2:00 Sharing Holiday Moments 2:30 Refreshments in the Garden 3:00 Wheelchair Yoga w. Rev Michelle 4:00 Guess The Art 4:30 Balloon Volleyball 6:00 Evening Movie	**10** 9:15 Meet & Greet 9:45 Chair Boxing w. Andrea **10:30 Morning Refreshments** **10:30 Garden Ambassador Meeting** 11:00 Daily Word/ Hymns w. Rev Michelle 11:30 Catholic Communion 1:30 Afternoon Tai Chi **2:00 Honoring US Marines** 3:00 Music Therapy w. Paula 4:00 Fall Bingo 6:00 Evening Movie	**11** 9:15 Meet & Greet 9:45 Morning Movement w. Andrea **10:00 Apple Treats & Mingle** 11:00 Daily Word w. Rev. Michelle 11:30 Balloon Volleyball 1:00 Serenity Relaxation 2:00 Lets Get Creative 2:30 Refreshments in the Garden 3:00 Songs & Hymns w. Michelle **3:30 Scenic Drive "Coffee Shop"** 4:00 General Knowledge Trivia **4:30 Wine Down Wednesday** 6:00 Evening Movie Veterans Day	**12** 9:15 Meet & Greet 9:45 Let's Get Moving w. Andrea **10:30 Morning Refreshments** **11:00 Outing: Chilis** 11:30 Virtual Tour "Iceland" 1:30 Sing- A- long **2:00 Chicken Soup For The Soul** **2:30 Afternoon Tea In the Garden** 3:00 Spiritual Gathering w. Rev. Michelle 4:30 Hula Hoop Toss! 6:00 Evening Movie	**13** 9:15 Meet & Greet 9:45 Upper Body Strength **10:30 Morning Refreshments** 11:00 Crafting Workshop 11:30 Reminiscing: Acts Of Kindness 1:30 Finish the Phrase 2:00 What's in The Box? 2:30 Sip, Snack & Socialize **3:00 Happy Hour** 4:00 Would you Rather? 6:00 Evening Movie	**14** 9:15 Meet & Greet 9:45 Chair Exercise **10:30 Morning Refreshments** 11:00 Creative Corner **11:30 Music Committee Meeting** 1:00 Camarillo Ranch House Tour **2:00 Virtual Tour Ranch House** 2:30 Sip, Snack & Socialize 4:00 Sing Along 60s Hits 4:30 Gratitude Circle 6:00 Evening Movie
15 9:15 Meet & Greet 9:45 Exercise w. Andrea **10:30 Morning Refreshments** 11:30 Daily Word w. Michelle 1:30 Word Association **2:00 Sunday Football Gathering** 3:00 Bible Study w. Rev Michelle **3:30 Scenic Drive "Smoothies"** 4:00 Travel Club "Brazil" 4:30 Noodle Ball 6:00 Evening Movie	**16** 9:15 Meet & Greet 9:45 Stretch & Strengthen **10:30 Morning Refreshments** 11:00 Daily Word w. Rev Michelle 1:30 **Serenity Relaxation** 2:00 Gratitude Cards **2:30** Refreshments in the Garden 3:00 Wheelchair Yoga w. Rev Michelle 4:00 The Longest Word 6:00 Evening Movie	**17** 9:15 Meet & Greet 9:45 Chair Boxing w. Andrea **10:30 Morning Refreshments** 11:00 Daily Word/ Hymns w. Rev Michelle 11:30 Catholic Communion **12:00 Garden Lunch Gathering** 2:00 Music and Memories 2:30 Refreshments in the Garden 3:00 Spiritual Hour w. Rev. Michelle 4:00 Garden Meditation 4:30 Beach Ball Challenge 6:00 Evening Movie	**18** 9:15 Meet & Greet 9:45 Morning Movement w. Andrea **10:00 Daily Chronicle** **10:00 Morning Refreshments** **11:00 Exploring The City of Ojai** 2:00 A-Z Game **2:30** Refreshments in the Garden 3:00 Songs & Hymns w. Michelle 3:30 **Scenic Drive "The Collection Mall"** 4:00 General Knowledge Trivia 4:30 Wine Down Wednesday 6:00 Evening Movie	**19** 9:15 Meet & Greet 9:45 Lets Get Moving w. Andrea **10:00 Today's Happenings** **10:30 Culinary Class "Bagels"** 11:30 Daily Chronicle **2:00 What's in the Box?** **2:30** Refreshments in the Garden 3:00 Spiritual Gathering w. Rev. Michelle 4:30 Hula Hoop Balloon Toss! 6:00 Evening Movie	**20** 9:15 Meet & Greet 9:45 Upper Body Strength 10:00 Daily Chronicle **10:30 Morning Refreshments** 11:00 Seasonal Craft 11:30 Name That Tune! 1:30 Finish the Phrase 2:00 Hand Exercises 2:30 Sip, Snack & Socialize 3:00 **Songs of Faith w. Jim Rice** 4:00 Would you Rather? 6:00 Evening Movie	**21** 9:00 Meet & Greet 9:45 Chair Exercise 10:00 Daily Chronicle **10:30 Morning Coffee Club** 11:00 Creative Corner **11:30 Music Committee Meeting** 1:00 Finish the Lyric **2:00 Two Truths, One Lie** 2:30 Sip, Snack & Socialize 3:00 Gratitude Circle 4:30 Finish That Song Lyric 6:00 Evening Movie
22 9:15 Meet & Greet 9:45 Exercise w. Andrea **10:30 Morning Refreshments** 11:30 Daily Word w. Michele 11:30 Finish the Lyrics 1:30 Word Association **2:00 Sunday Football Gathering** **3:00 Bible Study w. Rev Michelle** **3:30 Scenic Drive: "7/11 Run"** 4:00 Travel Club "England" 4:30 Noodle Ball 6:00 Evening Movie	**23** 9:15 Meet & Greet 9:45 Stretch & Strengthen **10:00 Tamales Demonstration** 11:00 Daily Word w. Rev Michele 1:30 **Serenity Relaxation** **2:00 The Thankful Jar Project** **2:30 Refreshments in the Garden** 3:00 Wheelchair Yoga w. Rev Michelle 4:00 The Longest Word 4:30 Balloon Volleyball 6:00 Evening Movie	**24** 9:15 Meet & Greet 9:45 Chair Boxing w. Andrea **10:30 Morning Refreshments** 11:00 Daily Word/ Hymns w. Rev Michelle 11:30 Catholic Communion 1:30 Brain Booster 2:00 Make Your Own Fairy Bread 3:00 Gentle Movement w. Rev. Michele 4:00 The More You Know 4:30 Beach Ball Challenge 6:00 Evening Movie	**25** 9:15 Meet & Greet 9:45 Morning Movement w. Andrea **10:30 Morning Refreshments** 11:00 Daily Word w. Rev. Michelle **11:30 Board Game** 2:00 A-Z Game 3:00 Songs & Hymns w. Michelle 3:30 Scenic Drive 4:00 General Knowledge Trivia 4:30 Wine Down Wednesday 6:00 Evening Movie	**26** 9:15 Meet and Greet 9:45 Let's Get Moving w. Andrea **10:30 Culinary Class "Turkey Cookies"** **11:00 Daily Chronicle** **11:30 Reminiscing Thanksgiving** 1:00 Sing- A- long "1950's" **2:00 Friendsgiving Gathering** 3:00 Spiritual Gathering w.Michelle 4:30 Thankful Stories 6:00 Evening Movie Thanksgiving	**27** 9:15 Meet & Greet 9:45 Upper Body Strength **10:00 Daily Chronicle** **10:30 Morning Refreshments** 11:00 Creative Corner 11:30 Sing Along 1:00 Finish the Phrase 2:00 Noodle Ball 2:30 Sip, Snack & Socialize **3:00 Happy Hour** 4:00 Would you Rather? 6:00 Evening Movie	**28** 9:15 Meet & Greet 9:45 Chair Exercise **10:30 Morning Refreshments** 11:00 Friendship Bracelets **11:30 Music Committee Meeting** 1:00 Finish the Lyric **2:00 Two Truths, One Lie** 2:30 Sip, Snack & Socialize 3:00 Gratitude Circle 4:30 Noodle Ball 6:00 Evening Movie
29 9:15 Meet & Greet 9:45 Exercise w. Andrea **10:30 Morning Refreshments** 11:30 Daily Word w. Michele 11:30 Finish The Phrase 1:30 Word Association **2:00 Sunday Football Gathering** **3:00 Bible Study w. Rev Michelle** **3:30 Scenic Drive "Camarillo City Hall"** 4:00 Travel Club "Norway" 4:30 Noodle Ball 6:00 Evening Movie	**30** 9:15 Meet & Greet 9:45 Stretch & Strengthen **10:00 Flower Arranging** **10:30 Morning Refreshments** 11:00 Daily Word w. Rev Michele 1:00 **Serenity Relaxation** **2:00 Christmas Planning Committee** **2:30 Refreshments in the Garden** 3:00 Wheelchair Yoga w. Rev Michelle 4:00 The Longest Word 4:30 Garden Meditation 6:00 Evening Movie					

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