November 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
Daylight Savings Time Ends **1**	**2** 9:00 Continental Breakfast 10:00 Men's Pool **10:30 Chair Yoga** **1:00 Social Committee** **2:00 Fox Rehab: Healthy Heart** 6:30 "Five Crowns" 6:30 Euchre	**3** 9:00 Continental Breakfast 10:00 Men's Pool 10:30 Exercise Class **10:30 Prairie Meadows Casino** 2:00 Women's Coffee 3:00 Blackjack 6:30 "500"	**4** 9:00 Continental Breakfast **10:00 Fox Rehab Exercise Class** 10:00 Men's Pool 1:15 Black Queen 3:00 One Day University: Alzheimer's and Dementia 6:30 Hand & Foot	**5** 9:00 Continental Breakfast **10:00 Fareway/Aldi Grocery Shopping** 10:00 Men's Pool 10:30 Exercise Class 12:30 Bridge 2:00 Women's Coffee & Kuddle Dolls 6:30 Men's Poker	**6** 9:00 Continental Breakfast **10:00 Blood Pressure Clinic** 10:00 Men's Pool 1:00 The Round Table (Book Club) 1:00 Women's Poker 1:30 Word Games **2:30 Fabulous Fireside Friday Featuring Kim Willer**	**7** 9:00 Men's Coffee 10:00 Men's Pool 10:30 Ball Exercises 2:00 Women's Coffee **3:00 Movie: The Straight Story**
8	**9** 9:00 Continental Breakfast 10:00 Men's Pool **10:30 Chair Yoga** 1:30 Mexican Dominoes 3:00 Catholic Communion Service 3:00 Page Turners 6:30 "Five Crowns" 6:30 Euchre	**10** 9:00 Continental Breakfast 10:00 Men's Pool **10:00 Target Shopping** 10:30 Exercise Class 12:00 Fox Rehab Office Hours **1:00 Sarah Tech Tutor: Photo Memories to Treasured Gifts** 2:00 Women's Coffee 3:00 Blackjack 3:00 Christian Fellowship Group 6:30 "500"	**Veterans Day** **11** 9:00 Continental Breakfast **10:00 Fox Rehab Exercise Class** 10:00 Men's Pool **11:00 Veteran's Day Luncheon** 1:00 RAC Committee 1:15 Black Queen 6:30 Hand & Foot	**12** 9:00 Continental Breakfast **10:00 Fareway/Aldi Grocery Shopping** 10:00 Men's Pool 10:30 Exercise Class 12:30 Bridge 2:00 Women's Coffee & Kuddle Dolls 6:30 Men's Poker	**13** 9:00 Continental Breakfast 10:00 Men's Pool **11:00 Lunch Out: The Chicken in Orilla** 1:00 Women's Poker 1:30 Word Games **4:00 Fireside Friday**	**14** 9:00 Men's Coffee 10:00 Men's Pool 10:30 Ball Exercises **11:00 "Bags"** 2:00 Women's Coffee **3:00 Movie: Paint Your Wagon**
15	**16** 9:00 Continental Breakfast 10:00 Men's Pool **10:30 Chair Yoga** **2:00 Birthday & Anniversary Celebration** 6:30 "Five Crowns" 6:30 Euchre	**17** 9:00 Continental Breakfast 10:00 Men's Pool 10:30 Exercise Class 2:00 Women's Coffee 3:00 Blackjack 3:00 One Day University: Harry Houdini **4:30 Thanksgiving Dinner** 6:30 "500"	**18** 9:00 Continental Breakfast **10:00 Fox Rehab Exercise Class** 10:00 Men's Pool 1:00 BINGO with Michelle **2:00 Music BINGO with Lupe** 6:30 Hand & Foot	**19** 9:00 Continental Breakfast **10:00 Fareway/Aldi Grocery Shopping** 10:00 Men's Pool 10:30 Exercise Class 12:30 Bridge 2:00 Women's Coffee & Kuddle Dolls **4:30 Thanksgiving Dinner** 6:30 Men's Poker	**20** 9:00 Continental Breakfast **10:00 Community Meeting** 10:00 Men's Pool 1:00 Women's Poker 1:30 Word Games **4:00 Fireside Friday**	**21** 9:00 Men's Coffee 10:00 Men's Pool 10:30 Ball Exercises 2:00 Women's Coffee **3:00 Movie: On Golden Pond**
5:00 Pizza Party! **22**	**23** 9:00 Continental Breakfast 10:00 Men's Pool **10:30 Chair Yoga** 1:30 Mexican Dominoes 6:30 "Five Crowns" 6:30 Euchre	**24** 9:00 Continental Breakfast **10:00 Fareway/Aldi Grocery Shopping** 10:00 Men's Pool 10:30 Exercise Class 12:00 Fox Rehab Office Hours **1:00 Santa Hat Door Decor Craft** 2:00 Women's Coffee 3:00 Blackjack 3:00 Christian Fellowship Group 6:30 "500"	**25** 9:00 Continental Breakfast **10:00 Fox Rehab Exercise Class** 10:00 Men's Pool 6:30 Hand & Foot	**Thanksgiving** **26** **9:00 Catholic Mass with Father Ray** 10:00 Men's Pool 10:30 Exercise Class 12:30 Bridge 2:00 Women's Coffee & Kuddle Dolls 6:30 Men's Poker	10:00 Men's Pool 1:00 Women's Poker 1:30 Word Games **27** **4:00 Fireside Friday**	**28** 9:00 Men's Coffee 10:00 Men's Pool 10:30 Ball Exercises 2:00 Women's Coffee **3:00 Movie: Julie & Julia**
5:00 Friendsgiving Potluck **29**	**30** 9:00 Continental Breakfast 10:00 Men's Pool **10:30 Chair Yoga** 6:30 "Five Crowns" 6:30 Euchre					

THE Arbordale
A TRANSFORMING AGE COMMUNITY